

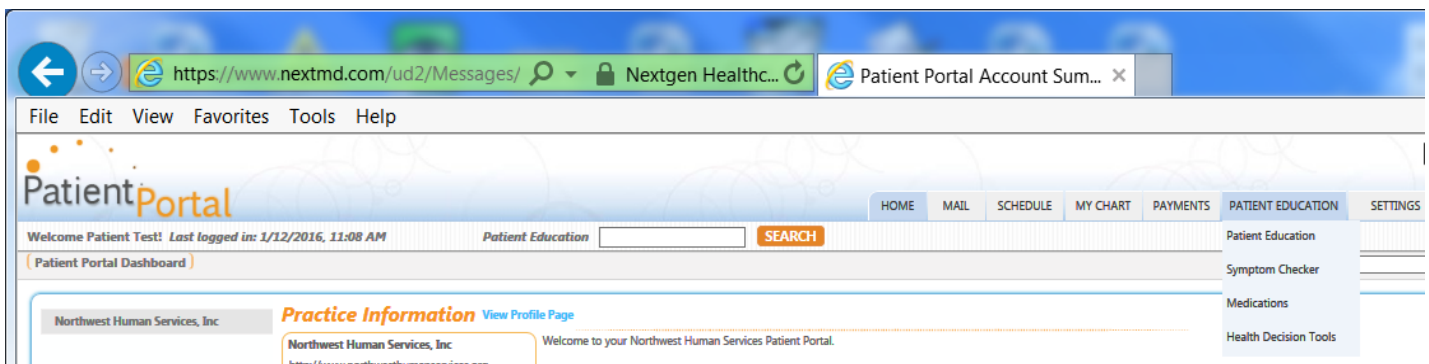


Patient Portal

How to view Patient Education

Patient Portal website: www.nextmd.com

- Log in to your Patient Portal account
- Click on the "Patient Education" Tab
- Then click on Patient Education



Type something in the Search Field and click 'search'

diabetes



Search

Make better health decisions



Interactive Tools >



Health Topics >



Learning Centers >

Check Your Symptoms

Find out what to do

Start Now



Browse health information

Healthwise® Knowledgebase



- [Symptom Checker](#)
- [Health Decision Tools](#)
- [Topics A-Z](#)
- [Medications](#)
- [Medical Tests](#)
- [Spanish Knowledgebase](#)

When you need to decide

Decision tools about:

Surgeries

Medical Tests

Medications

Health Issues

Click on the recommended link that best fits your search criteria:

Enter search term.

Search

Search

We found 162 results for **diabetes**

Best bets

[Diabetes](#)

Education on type 1 diabetes, type 2 diabetes, and gestational diabetes. Includes info on juvenile diabetes and prediabetes. Discusses symptoms and treatment. Also looks at how to manage blood sugar levels, diet, and medicines, including insulin.

[Type 1 Diabetes](#)

Covers type 1 diabetes, also called juvenile diabetes or insulin-dependent diabetes. Describes how pancreas regulates blood sugar (glucose) levels. Includes info on hypoglycemia and hyperglycemia. Discusses treatments, including insulin.

[Type 2 Diabetes](#)

Information on type 2 diabetes. Describes how insulin is made and used by the body. Describes symptoms and how type 2 is treated. Provides info on blood sugar (glucose) levels. Discusses obesity's role in type 2 diabetes. Discusses exercise and diet.

[Diabetic Nephropathy](#)

Discusses diabetic nephropathy, which means kidney disease or damage caused by diabetes. Covers causes and symptoms. Discusses how it is diagnosed and treatment options, including medicines, diet, and dialysis. Offers home treatment and prevention tips.

The Topic Information will display on your screen. Scroll down and click on "Print" if you wish to print it.

Enter search term.

Search

Type 1 Diabetes

Topic Overview

Is this topic for you?

This topic covers type 1 diabetes, including information about symptoms, tests, and home treatment. For specific information about children who have type 1 diabetes, see the topic [Type 1 Diabetes: Children Living With the Disease](#).

What is type 1 diabetes?

Type 1 diabetes happens when your [pancreas](#) stops making insulin.

Insulin is a hormone that helps the body's cells use sugar (glucose) for energy. It also helps the body store extra energy in muscle, fat, and liver cells. Without insulin, this sugar can't get into your cells to do its work. It stays in your blood instead. And then your blood sugar level gets too high.

High blood sugar can harm [many parts of the body](#), such as the eyes, heart, blood vessels, nerves, and kidneys. It can also increase your risk for other health problems (complications).

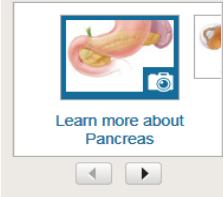
Type 1 diabetes can occur at any age, but it usually starts in children or young adults. That's why it used to be called juvenile diabetes.

Type 1 diabetes is different from type 2 diabetes. In type 1 diabetes, the body stops making insulin. In type 2, the body can't use insulin the right way. Over time with type 2, the body doesn't make enough insulin.

There isn't a cure for type 1 diabetes. But with treatment, people can live long and healthy lives.

Media Gallery

(5 pictures)



Topic Contents

Topic Overview

- [Health Tools](#)
- [Cause](#)
- [Symptoms](#)
- [What Happens](#)
- [What Increases Your Risk](#)
- [When To Call a Doctor](#)
- [Exams and Tests](#)
- [Treatment Overview](#)
- [Prevention](#)
- [Home Treatment](#)
- [Medications](#)
- [Surgery](#)
- [Other Treatment](#)
- [Other Places To Get Help](#)
- [Related Information](#)
- [References](#)
- [Credits](#)

You can also use Find the following tools under the Patient Education tab:

- Symptom Checker (check your symptoms)
- Medications (information only)
- Health Decisions (Get to know your options)

